

# EASST Road Safety Education Pack

# Education Pack

Comprehensive Road Safety Education Pack developed by EASST, AMAK and HYATT.

Designed to teach road safety to children up to the age of 14.

A flexible resource for use in a variety of settings.

Developed for use in middle and lower income countries and tailored for use in Azerbaijan.

# The Need

## Road Safety

- Road traffic injuries are the leading cause of death among young people, aged 15–29 years.
- According to the WHO, 943 people died on Azeri roads in 2015.
- The trend in recent years shows an increasing number of fatalities.
- 57% of those who died were pedestrians or passengers in cars.

# Road Safety Education

By using the simple, fun, educational activities in this Education Pack, children and young people can be helped to stay safe on the roads.

This pack provides the resources needed to teach basic road safety principles in an age-appropriate way.

# The Contents

- Introductory Guidance
- Teachers' Notes
- Resources for teaching
- Letter to parents
- Posters and bookmarks

# A Flexible Resource

The Pack provides a variety of activities for each age group.

There is **no** need to use every resource.

There is **no** need to teach them in order.

You can pick and mix activities to fit the time and resources you have available.

You can select what works for you and your group of children.

# Activities

Art

Role play

Creative projects

Quizzes

Surveys

Stories

Group discussions

# Age Ranges

Under 6 years

6 – 11 year olds

12 – 14 year olds



# Under 6's

## Key Themes

- Traffic is dangerous and can hurt people.
- Never go near roads without a grown up and always hold hands.
- Stop, Look and Listen before crossing the road.
- Be Bright.
- Always wear a seat belt.
- Getting in and out of a car safely.

## Teaching Tips

- Short simple sessions.
  - Focus on the key messages.
  - Make the sessions active and fun.
-

# 6 – 11 Year Olds

## Key Themes

- Stop, Look and Listen.
- Always wear a seat belt.
- Be Bright.
- Always behave safely in a car.

## Teaching Tips

- Adapt the sessions to the ages of the children taking part.
- Make the sessions active and practical.
- Take the children outside to learn about roads and traffic first hand.

# 12 – 14 Year Olds

## Key Themes

- Be alert and always look for hazards.
- Don't take risks around roads.
- Avoid peer pressure.
- Always wear a seat belt.

## Teaching Tips

- Build on the knowledge the young people already have.
- Encourage discussion and participation.
- Relate the sessions to the young people's lives and experiences.
- Use real-life projects and practical assignments.

# Teaching Notes

The Pack comes with Teaching Notes which provide:

- An overview of the activities.
- Details of the key messages.
- Details of the objective for each resource.
- Information about the time and resources needed for each activity.

# Posters & Bookmarks

In addition to the activities, the Pack also includes posters and bookmarks.

There are two sets aimed at different age groups – Under 11s and 12 – 14 year olds.

The Posters can be put up as an ongoing reminder of the key messages.

The bookmarks can be given to children to keep.



# Parental Involvement

Children will be influenced by the behaviour of their parents.

The pack includes a letter you can give to parents to make them aware of what the children have learned and how they can help reinforce the messages.